

Plass Navn

Klasse

Tid

1,5 km

1 Mikkel Ramlo 1001 15:19

00:27= 01:38= 02:48= 04:33= 07:24= 08:34= 10:39= 11:53= 13:17= 14:55= 15:19=
 00:27= 01:11= 01:10= 01:45= 02:51= 01:10= 02:05= 01:14= 01:24= 01:38= 00:24=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Erlend Ytterhaug Ryen 1001 15:20

00:28+ 01:39+ 02:48= 04:35+ 07:25+ 08:35+ 10:40+ 11:54+ 13:18+ 14:59+ 15:20+
 00:28+ 01:11= 01:09- 01:47+ 02:50- 01:10= 02:05= 01:14= 01:24= 01:41+ 00:21-
 00:01+ 00:00= 00:01- 00:02+ 00:01- 00:00= 00:00= 00:00= 00:00= 00:03+ 00:03-

3 Bjørn Ivar Ryen 1000 15:25

05:44+ 06:50+ 08:49+ 10:06+ 12:10+ 13:09+ 14:17+ 15:25+
 05:44+ 01:06- 01:59+ 01:17- 02:04- 00:59- 01:08- 01:08-
 05:17@ 00:05- 00:49& 00:28- 00:47- 00:11- 00:57- 00:06-

4 Maren Brynhildsvoll / Lise Svendsen 1001 18:04

00:51+ 02:46+ 04:56+ 06:41+ 09:45+ 10:56+ 12:51+ 14:44+ 16:09+ 17:36+ 18:04+
 00:51+ 01:55+ 02:10+ 01:45= 03:04+ 01:11+ 01:55- 01:53+ 01:25+ 01:27- 00:28+
 00:24& 00:44& 01:00& 00:00= 00:13+ 00:01+ 00:10- 00:39& 00:01+ 00:11- 00:04#

Beste strekktid for klassen

00:27 01:06 01:09 01:17 02:04 00:59 01:08 01:08 01:24 01:27 00:21

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

3,0 km

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|----------|--------------------|-------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------------|
| 1 | Kari Osmoen | 1001 | | | | | | | | | | | | 26:49 |
| | 00:33= | 01:29= | 02:23= | 04:03= | 07:57= | 10:32= | 13:16= | 16:18= | 20:47= | 21:59= | 24:01= | 26:26= | 26:49= | |
| | 00:33= | 00:56= | 00:54= | 01:40= | 03:54= | 02:35= | 02:44= | 03:02= | 04:29= | 01:12= | 02:02= | 02:25= | 00:23= | |
| | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | |

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| 2 | Ragnhild Dåsnes | 1001 | | | | | | | | | | | | 27:35 |
| | 00:21- | 01:15- | 02:27+ | 04:15+ | 08:13+ | 11:02+ | 13:35+ | 16:23+ | 20:29- | 21:37- | 24:32+ | 27:14+ | 27:35+ | |
| | 00:21- | 00:54- | 01:12+ | 01:48+ | 03:58+ | 02:49+ | 02:33- | 02:48- | 04:06- | 01:08- | 02:55+ | 02:42+ | 00:21- | |
| | 00:12- | 00:02- | 00:18& | 00:08+ | 00:04+ | 00:14+ | 00:11- | 00:14- | 00:23- | 00:04- | 00:53& | 00:17# | 00:02- | |

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| 3 | Tore Stubbe | 1003 | | | | | | | | | | | | 32:24 |
| | 00:32- | 01:33+ | 02:28+ | 04:58+ | 09:32+ | 12:21+ | 15:17+ | 20:14+ | 25:10+ | 26:04+ | 28:40+ | 32:03+ | 32:24+ | |
| | 00:32- | 01:01+ | 00:55+ | 02:30+ | 04:34+ | 02:49+ | 02:56+ | 04:57+ | 04:56+ | 00:54- | 02:36+ | 03:23+ | 00:21- | |
| | 00:01- | 00:05+ | 00:01+ | 00:50& | 00:40# | 00:14+ | 00:12+ | 01:55& | 00:27# | 00:18- | 00:34& | 00:58& | 00:02- | |

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| 4 | Jorun Bækken | 1001 | | | | | | | | | | | | 33:28 |
| | 00:38+ | 01:55+ | 03:06+ | 06:31+ | 11:29+ | 14:11+ | 17:33+ | 20:47+ | 25:48+ | 26:47+ | 29:16+ | 32:58+ | 33:28+ | |
| | 00:38+ | 01:17+ | 01:11+ | 03:25+ | 04:58+ | 02:42+ | 03:22+ | 03:14+ | 05:01+ | 00:59- | 02:29+ | 03:42+ | 00:30+ | |
| | 00:05# | 00:21& | 00:17& | 01:45@ | 01:04& | 00:07+ | 00:38# | 00:12+ | 00:32# | 00:13- | 00:27# | 01:17& | 00:07& | |

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|----------|------------------------|-------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------------|
| 5 | Otto Engebakken | 1000 | | | | | | | | | | | | 34:02 |
| | 00:28- | 01:30+ | 02:38+ | 04:40+ | 10:13+ | 14:12+ | 17:36+ | 20:48+ | 26:26+ | 27:56+ | 30:33+ | 33:32+ | 34:02+ | |
| | 00:28- | 01:02+ | 01:08+ | 02:02+ | 05:33+ | 03:59+ | 03:24+ | 03:12+ | 05:38+ | 01:30+ | 02:37+ | 02:59+ | 00:30+ | |
| | 00:05- | 00:06# | 00:14& | 00:22# | 01:39& | 01:24& | 00:40# | 00:10+ | 01:09& | 00:18# | 00:35& | 00:34# | 00:07& | |

Beste strekktid for klassen

00:21 00:54 00:54 01:40 03:54 02:35 02:33 02:48 04:06 00:54 02:02 02:25 00:21

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

5,0 km

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|----------|----------------------------|-------------|--------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 1 | Jon Arve Engebakken | 1000 | 35:25 | | | | | | | | | | | |
| 01:33= | 03:20= | 05:38= | 08:08= | 10:06= | 13:06= | 17:49= | 20:44= | 25:05= | 27:46= | 31:32= | 32:53= | 33:40= | 34:24= | 35:25= |
| 01:33= | 01:47= | 02:18= | 02:30= | 01:58= | 03:00= | 04:43= | 02:55= | 04:21= | 02:41= | 03:46= | 01:21= | 00:47= | 00:44= | 01:01= |
| 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= |

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| 2 | Per Engebakken | 1002 | 49:05 | | | | | | | | | | | |
| 01:56+ | 05:03+ | 08:02+ | 14:09+ | 16:59+ | 20:53+ | 27:13+ | 31:21+ | 35:14+ | 38:38+ | 44:01+ | 45:49+ | 46:46+ | 47:54+ | 49:05+ |
| 01:56+ | 03:07+ | 02:59+ | 06:07+ | 02:50+ | 03:54+ | 06:20+ | 04:08+ | 03:53- | 03:24+ | 05:23+ | 01:48+ | 00:57+ | 01:08+ | 01:11+ |
| 00:23# | 01:20& | 00:41& | 03:37@ | 00:52& | 00:54& | 01:37& | 01:13& | 00:28- | 00:43& | 01:37& | 00:27& | 00:10# | 00:24& | 00:10# |

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|----------|-------------------------|-------------|--------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 3 | Ragnhild Utstumo | 1000 | 54:47 | | | | | | | | | | | |
| 03:03+ | 06:16+ | 09:16+ | 13:17+ | 15:58+ | 20:02+ | 27:24+ | 32:41+ | 38:57+ | 42:44+ | 48:42+ | 50:40+ | 51:45+ | 52:44+ | 54:47+ |
| 03:03+ | 03:13+ | 03:00+ | 04:01+ | 02:41+ | 04:04+ | 07:22+ | 05:17+ | 06:16+ | 03:47+ | 05:58+ | 01:58+ | 01:05+ | 00:59+ | 02:03+ |
| 01:30& | 01:26& | 00:42& | 01:31& | 00:43& | 01:04& | 02:39& | 02:22& | 01:55& | 01:06& | 02:12& | 00:37& | 00:18& | 00:15& | 01:02@ |

Beste strekktid for klassen

| | | | | | | | | | | | | | | |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 01:33 | 01:47 | 02:18 | 02:30 | 01:58 | 03:00 | 04:43 | 02:55 | 03:53 | 02:41 | 03:46 | 01:21 | 00:47 | 00:44 | 01:01 |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.